

A spirituality immersed in life: at the school of St Thérèse of Lisieux

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Giampiero Molinari OCarm

1: The life journey of Thérèse of Lisieux as conformation to Christ: mercy in fragility and the primacy of grace



A Morning Prayer

Written by Saint. Thérèse

O my God! I offer Thee all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus.

I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to Its infinite merits; and I wish to make reparation for my sins by casting them into the furnace of Its Merciful Love.

O my God! I ask of Thee for myself and for those whom I hold dear, the grace to fulfill perfectly Thy Holy Will, to accept for love of Thee the joys and sorrows of this passing life, so that we may one day be united together in heaven for all Eternity.
Amen.

FIRST MOMENT: INDIVIDUAL REFLECTION

Before reading the first presentation, you are invited to spend some time on your own reflection on Saint Thérèse. You might like to consider some of the following questions:

1. How important in your life is the inspiration of Saint Thérèse?
2. In your daily living, in what concrete ways does the teaching of Saint Thérèse have an impact?

SECOND MOMENT: PRESENTATION

You are invited to read the presentation by Fr Giampiero Molinari.

As you read, you are invited to consider the following questions for reflection:



1. What struck you from Fr Giampiero's talk?
2. What encouraged or challenged you?

THIRD MOMENT: COMMUNITY REFLECTION

Each community within the Carmelite Family is encouraged to set aside one meeting in order to reflect on this topic.

1. Am I able to consider my personal and community life as salvation history, recognising the signs of God's merciful action?
2. Am I able to transform personal and community frailties into horizons of grace through trust in God and self-giving?

THINK FAMILY!

- How, as Carmelite Family, can we work together?

**"I hope in Him who is Virtue,
Holiness Himself"**

Saint Thérèse (Ms A 32r)