

# A spirituality immersed in life: at the school of St Thérèse of Lisieux

# 2

Giampiero Molinari OCarm

## 2: THE "LITTLE WAY": A SPIRITUALITY OF THE EVERYDAY



### A Morning Prayer

*Written by Saint. Thérèse*

O my God! I offer Thee  
all my actions of this day for the  
intentions and for the glory  
of the Sacred Heart of Jesus.

I desire to sanctify every beat of  
my heart, my every thought, my  
simplest works, by uniting them  
to Its infinite merits; and I wish to  
make reparation for my sins by  
casting them into the furnace of  
Its Merciful Love.

O my God! I ask of Thee for  
myself and for those whom I  
hold dear, the grace to fulfill  
perfectly Thy Holy Will, to accept  
for love of Thee the joys and  
sorrows of this passing life, so  
that we may one day be united  
together in heaven for all  
Eternity.  
Amen.

### FIRST MOMENT: INDIVIDUAL REFLECTION

Before reading the presentation by Fr Giampiero, you are invited to spend some time on your own reflection on Saint Thérèse. You might like to consider some of the following questions:

1. In what ways do I look at my daily life with faith, seeing in it the main context in which the Lord is calling me to holiness?
2. How do I cultivate trust in God and docility to the transforming action of his love in the dark moments of life?

### SECOND MOMENT: ONLINE PRESENTATION

You are invited to read the presentation by Fr Giampiero Molinari.



During the presentation, you are invited to consider the following questions for reflection:

1. What struck you from Fr Giampiero's talk?
2. What encouraged or challenged you?

### THIRD MOMENT: COMMUNITY REFLECTION

Each community within the Carmelite Family is encouraged to set aside one meeting in order to reflect on this topic.

1. How does a spirituality of the Little Way apply in your life?
2. How does it apply to pastoral ministry today?
3. How does it apply to youth ministry?
4. How, as Carmelite Family, can we work together?

**"My path is one of trust and love"**

Saint Thérèse (LT 226, 9 May 1897)